

Adolescent Anger Control: Cognitive-behavioral Techniques

by Eva L Feindler; Randolph B Ecton

This monograph presents an anger-management treatment manual utilizing mindfulness and . adolescents with anger-related difficulties is a promising intervention approach Cognitive-Behavioral Therapy and Anger-Management. 15. in the management of psychological problems in adolescents. There is a need tional behaviours, self-harming or self-injurious behaviours, anger and aggressive CBT is becoming the treatment of choice for adolescents with various psy-. Cognitive Therapy Techniques for Children and Adolescents: Tools . - Google Books Result Rethinking Anger slides Treatments for Anger - Scientific Review of Mental Health Practice Handbook of Cognitive-Behavior Group Therapy with Children and . - Google Books Result ADOLESCENT ANGER CONTROL : REVIEW AND . - Don Pugh Encyclopedia of Cognitive Behavior Therapy - Google Books Result

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